



護老支援服務

服務目標

- 為護老者提供一站式支援服務和多元化活動，加強其照顧技巧及知識，擴闊支援網絡，舒緩他們的照顧壓力，建立其健康身心。



聯絡方法

- 輔導服務及轉介合適社區資源
- 護老互助小組
- 護老照顧技巧訓練及講座
- 社交及康樂活動
- 復康用品借用服務
- 長青展銷日(購買營養奶粉)



會籍及服務收費

- 護老者會籍有效期為兩年(以財政年度計算)
- 入會免費，但部份服務需要收費

申請資格

- 護老者或受照顧長者必須於港島區居住

申請方法

- 申請人親臨中心申請辦理入會手續。

聯絡方法

- 地址：香港灣仔莊士敦道211號2樓
- 電話：2527 4107
- 交通路線：灣仔港鐵站A3/A4出口；向銅鑼灣方向(步行約5分鐘)





Carer Support Service

Service Objectives

- To provide caregivers with one-stop support services and diverse activities, by enhancing their caregiving skills and knowledge, expanding their support network, alleviating their caregiving stress, and promoting their overall health and well-being.



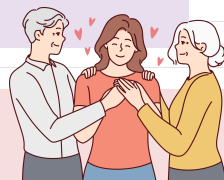
Services Offered

- Counseling services and referrals to suitable community resources
- Caregiver mutual support groups
- Caregiving skills training and workshops
- Social and recreational activities
- Rehabilitation products rental service
- Purchases of nutritional products



Membership Duration & fee

- The membership for caregivers is valid for two years (calculated based on the financial year).
- Membership is free, but some services may incur charges.



Application Eligibility

- Caregivers or the elderly under care must reside in the Hong Kong Island area.

Application Method

- Register in person to apply for membership.

Contact Information

- Address: 2/F, 211 Johnston Road, Wan Chai, Hong Kong (iclub Wan Chai Hotel)
- Phone: 2527 4107
- Routes: Exit A3/A4 at Wan Chai MTR Station; walk towards Causeway Bay (approximately 5 minutes).